



Fight dirty.

H1N1 flu, also known as swine flu, is poised for a comeback this fall and winter. Regular seasonal flu is also a concern.

Fight the spread of flu viruses by washing your hands often. Avoid spreading flu viruses by covering your coughs and sneezes.

Pre-empt the flu by getting vaccinated.

If you do get sick with the flu, stay home until your fever passes.

FIGHT
THE FLU

For more information, contact your local public health department or visit www.FightTheFluMO.com