



# Fight dirty.

H1N1 flu, also known as swine flu, is poised for a comeback this fall and winter. Regular seasonal flu is also a concern.

Fight the spread of flu viruses by keeping your hands clean. Avoid spreading flu viruses by covering your coughs and sneezes. If you do get sick, stay home until your fever passes. You can also prevent the flu by getting vaccinated.

**FIGHT**  
**THE FLU**

For more information, contact your local public health department or visit [www.FightTheFluMO.com](http://www.FightTheFluMO.com)