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H1N1 flu, also known as swine flu, is poised for a comeback this fall and winter. Regular seasonal flu is also a concern.

Fight the spread of flu viruses by covering your coughs and sneezes, and stay home if you have a fever.

To avoid picking up flu viruses, wash your hands frequently. You can also prevent the flu by getting vaccinated.

FIGHT
THE FLU

For more information, contact your local public health department or visit www.FightTheFluMO.com